Revised July 19/2022

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Studio A, B, F & G located @ 15578 – 24 Avenue
Studio C, D & E located @ #4, 5 & 10 - 2320 King George Blvd

2022/23 CLASS SCHEDULE

Monday	Studio A	Monday	Studio B	Monday	Studio C	Monday	Studio D	Monday	Studio E	Monday	Studio F	Monday	Studio G
3:30-4:25	Competitive Inter 3 Ballet - Heather	3:30-4:25	Competitive Inter 1/2 Musical Theatre - Alana	3:30-4:25	Junior 5 Jazz - Caitlin	3:30-4:25	Junior 2 Ballet - Annabelle	3:15-4:10	Junior 4 Ballet - Reid	3:30-4:25	Junior 4 Hip Hop - Shayla	12:00-2:55	Pre Professional Half Day - Annabelle
4:30-5:10	Beginner Ballet - Heather	4:30-5:25	AIDT 1st Grade Jazz Tech - Alana	4:30-5:25	Junior 4 Jazz - Caitlin	4:30-5:25	Junior 1 Ballet - Annabelle	4:15-5:10	Junior 5 Ballet - Reid	4:30-5:25	Junior 3 Hip Hop - Shayla	3:30-4:25	Pre-Competitive Open Hip Hop Tech - Eric
5:15-6:25	Vaganova Level 3 Ballet Tech. - Heather	5:30-6:25		5:30-6:25	Junior 7 Jazz - Caitlin	5:30-6:25	Junior 3 Ballet - Annabelle	5:15-6:25	Grade 1 Ballet - Reid	5:30-6:25	Jazz Tap Combo - Alana	4:30-5:25	Competitive Inter/Senior Hip Hop - Eric
6:30-7:25	Competitive Inter/Senior Ballet - Heather	6:30-7:25	Competitive Inter Hip Hop - Eric	6:30-7:25	Junior 5/6/7 Modern/Contemporary - Caitlin	6:30-7:25	Inter/Senior Modern/Contemporary - Annabelle	6:30-7:25	Junior 5 Hip Hop - Shayla	6:30-7:55	Elementary Ballet - Reid	5:30-6:25	Competitive Inter/Senior Hip Hop Tech - Eric
7:30-8:55	Vaganova Level 8 Ballet Tech. - Heather	7:30-8:25	Competitive Senior/Elite Hip Hop - Eric	7:30-8:25	Teen Modern/Contemporary - Caitlin	7:30-8:55	Grade 5 Ballet - Annabelle	7:30-8:25	Junior 6 Hip Hop - Shayla	8:00-9:25	Grade 4 Ballet - Reid	6:30-7:25	Competitive Junior/Inter Spins n' Leaps - Alana
9:00-9:40	Grade 5/Elementary Pointe - Heather	8:30-9:25	Competitive Senior/Elite Hip Hop Tech - Eric	8:30-9:25	Teen Lyrical - Caitlin			8:30-9:25	Pre Teen Hip Hop - Shayla			7:30-8:25	Competitive Inter/Senior Spins n' Leaps - Alana
												8:30-9:25	Competitive Senior/Elite Spins n' Leaps - Alana
Tuesday	**Studio A**	**Tuesday**	**Studio B**	**Tuesday**	**Studio C**	**Tuesday**	**Studio D**	**Tuesday**	**Studio E**	**Tuesday**	**Studio F**	**Tuesday**	**Studio G**
3:30-4:25	Competitive Mini/Junior Ballet - Paula	3:30-4:40	Grade 1 Ballet - Sonja	3:30-4:25	Jazz Tap Combo - Aislyn	3:30-4:25	Competitive Inter 2 Ballet - Heather	3:30-4:25	Junior 1 Ballet - Talia	3:30-4:25	Jazz Tap Combo - Paige	3:30-4:25	Competitive Inter/Senior A Jazz - Christina
4:30-5:55	Grade 2 Ballet - Paula	4:45-5:25	Primary Ballet - Sonja	4:30-5:25	Pre Teen Tap - Paige	4:30-5:55	Vaganova Level 6 Ballet Tech. - Heather	4:30-5:25	Junior 3 Ballet - Talia	4:30-5:25	Competitive Senior/Elite Lyrical - Christina	4:30-5:25	Competitive Senior/Elite Spins n' Leaps - Aislyn
6:00-7:25	Grade 4 Ballet - Paula	5:30-6:25	Competitive Inter/Senior Contemporary - Sonja	5:30-6:25	Junior 5 Tap - Aislyn	6:00-7:25	Vaganova Level 5 Ballet Tech. - Heather	5:30-6:25	Junior 3/4 Musical Theatre - Desiree	5:30-6:25	Junior 6/7 Tap - Paige	5:30-6:25	Competitive Senior/Elite Musical Theatre - Christina
7:30-8:55	Intermediate Ballet - Paula	6:30-7:25	Competitive Senior Jazz - Christina	6:30-7:25	Competitive Inter 2 Tap - Aislyn	7:30-9:10	Vaganova Pre-Elementary Level Ballet & Pointe Tech. - Heather	6:30-7:25	Junior 5/6/7 Lyrical - Desiree	6:30-7:25	Competitive Inter/Senior Tap - Paige	6:30-7:25	Competitive Elite Contemporary - Sonja
		7:30-8:25	Competitive Inter 2 Jazz - Christina	7:30-8:25	Competitive Inter/Senior Spins n' Leaps - Aislyn			7:30-8:25	Inter/Senior Modern/Contemporary - Desiree	7:30-7:55	Competitive Inter/Senior Tap Tech - Paige	7:30-8:55	Inter/Advanced Grad Dance - Sonja
		8:30-9:25	Competitive Inter/Senior Lyrical - Aislyn					8:30-9:25	Teen Jazz - Desiree	8:30-9:25	AIDT Pre Elementary Jazz Tech - Christina		
Wednesday	**Studio A**	**Wednesday**	**Studio B**	**Wednesday**	**Studio C**	**Wednesday**	**Studio D**	**Wednesday**	**Studio E**	**Wednesday**	**Studio F**	**Wednesday**	**Studio G**
3:30-4:25	Junior 5/6/7 Acro - Sarah FP	3:30-4:25	Competitive Senior Ballet - Julia	3:45-4:40	Junior 3 Tap - Shayla	4:00-4:45	Beginner Ballet - Lindsay	3:30-4:55	Grade 2 Ballet - Reid	3:30-4:25	Junior 2 Ballet - Sonja	3:30-4:25	Competitive Inter 1 Jazz - Christina
4:30-5:25	Competitive Acro Conditioning - Sarah FP	4:30-5:25	Competitive Senior/Elite Pointe - Julia	4:45-5:25	Junior 2 Hip Hop - Shayla	4:45-5:25	Junior 1 Jazz - Lindsay	5:00-6:25	Grade 3 Ballet - Reid	4:30-5:25	AIDT 2nd Grade Jazz Tech - Christina	4:30-5:25	Competitive Senior/Elite Contemporary - Sonja
5:30-6:25	Competitive Inter Acro Tech - Chelsea	5:30-6:25	Competitive Inter 1 Ballet - Julia	5:30-6:25	Junior 4 Tap - Shayla	5:30-6:25	Jazz Tap Combo - Lindsay	6:30-7:25	Junior 5 Ballet - Julia	5:30-6:25	AIDT 4th Grade Jazz Tech - Christina	5:30-6:25	Competitive Senior Contemporary - Sonja
6:30-7:25	Competitive Inter Acro - Chelsea	6:30-7:25	Competitive Inter/Senior Musical Theatre - Lindsay	6:30-7:25	Competitive Inter 2/3 Musical Theatre - Shayla	6:30-7:25	Competitive Senior/Elite Jazz - Talia	7:30-9:25	Advanced Ballet & Pointe Tech - Julia	6:30-7:25	Competitive Inter Spins - Christina	6:30-7:25	Competitive Junior/Inter Spins n' Leaps - Kaylie
7:30-8:25	Competitive Inter/Senior Acro Tech - Chelsea	7:30-8:25	Competitive Inter Spins n' Leaps - Lindsay	7:30-8:25	Junior 6 Hip Hop - Shayla	7:30-8:25	AIDT 3rd Grade Jazz Tech - Talia			7:30-8:25	Competitive Inter 3 Lyrical - Kaylie	7:30-8:25	Competitive Elite Lyrical - Christina
8:30-9:25	Competitive Inter/Senior Acro - Chelsea	8:30-9:25	Competitive Senior/Elite Spins n' Leaps - Lindsay	8:30-9:25	Teen Hip Hop - Shayla	8:30-9:25	AIDT Advanced Jazz Tech - Talia			8:30-9:25	AIDT Intermediate - Christina	8:30-9:25	Competitive Senior Lyrical - Kaylie
Thursday	**Studio A**	**Thursday**	**Studio B**	**Thursday**	**Studio C**	**Thursday**	**Studio D**	**Thursday**	**Studio E**	**Thursday**	**Studio F**	**Thursday**	**Studio G**
3:45-4:25	Primary Ballet - Paula	3:30-5:25	Intro to Pointe - Julia	3:30-4:00	Competitive Senior/Elite Tap Tech - Paige	3:45-4:25	Junior 2 Acro - Sarah FP	3:30-4:55	Grade 2 Ballet - Reid	3:30-4:10	Primary Ballet - Aislyn	12:00-2:55	Pre Professional Half Day - Julia
4:30-5:25	AIDT Primary Jazz Tech - Talia	5:30-6:25	Competitive Mini/Junior Jazz - Paula	4:00-4:55	Competitive Senior/Elite Tap - Paige	4:30-5:25	Junior 3 Acro - Sarah FP	5:00-6:25	Grade 3 Ballet - Reid	4:15-4:55	Junior 1 Tap - Aislyn	3:30-4:25	AIDT Final Grade Jazz Tech - Talia
5:30-6:25	Junior 3 Jazz - Talia	6:30-7:25	Competitive Inter 3 Contemporary - Paula	5:00-5:55	Inter/Senior Tap - Paige	5:30-6:25	Junior 4 Acro - Sarah FP	6:30-7:25	Junior 4 Ballet - Reid	5:00-5:40	Junior 2 Jazz - Aislyn	4:30-5:25	Competitive Inter 1/2 Lyrical - Paula
6:30-7:25	Competitive Junior/Inter Spins - Aislyn	7:30-8:25	Competitive Inter/Senior B Jazz - Aislyn	6:30-7:25	Pre Teen Lyrical - Desiree	6:30-7:25	Junior 5/6/7 Acro - Sarah FP	7:30-8:25	Pre Teen Ballet - Reid	5:45-6:25	Junior 2 Tap - Aislyn	5:30-6:25	Competitive Elite Ballet - Julia
7:30-8:55	Intermediate/Advanced Ballet - Paula	8:30-9:25	Inter/Senior Jazz - Aislyn	7:30-8:25	Teen Musical Theatre - Desiree	7:30-8:25	Competitive Acro Tumbling - Sarah FP	8:30-9:25	Teen Ballet - Reid	6:30-7:25	Competitive Inter 1/2 Contemporary - Sonja	6:30-7:25	Competitive Elite 2 Jazz - Talia
9:00-9:40	Inter/Advanced Pointe - Paula			8:30-9:25	Pre Teen Musical Theatre - Desiree	8:30-9:25	Junior 7/Intermediate Acro - Sarah FP			7:30-8:55	Grade 5 Ballet - Sonja	7:30-8:25	Competitive Elite 1 Jazz - Talia
												8:30-9:25	AIDT Elementary Jazz Tech - Talia
Friday	**Studio A**	**Friday**	**Studio B**	**Friday**	**Studio C**	**Friday**	**Studio D**	**Friday**	**Studio E**	**Friday**	**Studio F**	**Friday**	**Studio G**
3:30-4:25	Junior 3 Ballet - Desiree	3:30-4:40	Grade 1 Ballet - Reid			3:45-4:25	Junior 2 Acro - Sarah			3:45-5:10	Vaganova Level 7 Ballet Tech. - Heather	12:00-2:55	Pre Professional Half Day - Julia
4:30-5:25	Junior 6 Jazz - Desiree	4:45-6:10	Elementary Ballet - Reid			4:30-5:25	Junior 3 Acro - Sarah			5:15-6:40	Vaganova Level 4 Ballet Tech. - Heather	3:00-4:25	Grade 3 Ballet - Paula
5:30-6:25	Junior 5/6/7 Musical Theatre - Desiree	6:15-7:40	Grade 2 Ballet - Reid			5:30-6:25	Junior 4 Acro - Sarah					4:30-5:25	Junior 1 Ballet - Paula
												5:30-6:25	Junior 2 Ballet - Paula
Saturday	**Studio A**	**Saturday**	**Studio B**	**Saturday**	**Studio C**	**Saturday**	**Studio D**	**Saturday**	**Studio E**	**Saturday**	**Studio F**	**Saturday**	**Studio G**
9:00-9:40	Beginner Ballet - Isabella	9:00-9:40	Primary Ballet - Caitlin	9:30-10:25	Junior 4 Jazz - Desiree	9:15-9:55	Junior 2 Acro - Berkeley			9:00-9:40	Primary Ballet - Aislyn	9:30-10:55	Grade 4 Ballet - Julia
9:45-10:25	Junior 2 Hip Hop - Isabella	9:45-10:55	Grade 1 Ballet - Caitlin	10:30-11:25	Junior 5/6/7 Modern/Contemporary - Desiree	10:00-10:55	Junior 3 Acro - Berkeley			9:45-10:40	Jazz Tap Combo - Aislyn	11:00-11:40	Grade 4 Pointe - Julia
10:30-11:25	Junior 3 Hip Hop - Isabella	11:00-11:55	Junior 5 Ballet - Caitlin	11:30-12:25	Junior 6 Jazz - Desiree	11:00-11:55	Junior 4 Acro - Berkeley			10:45-11:40	Junior 1 Ballet - Aislyn	11:45-1:10	Elementary Ballet - Julia
11:30-12:25	Junior 3/4 Musical Theatre - Isabella	12:00-12:55	Junior 2 Ballet - Caitlin	12:30-1:25	Pre Teen Modern/Contemporary - Desiree	12:00-12:55	Junior 5/6/7 Acro - Berkeley			11:45-12:40	Junior 5/6/7 Musical Theatre - Aislyn	1:15-2:40	Intermediate Ballet - Julia
12:30-1:25	Junior 4 Hip Hop - Isabella	1:00-1:55	Junior 3 Ballet - Caitlin	1:30-2:25	Junior 5/6/7 Lyrical - Desiree					12:45-1:40	Junior 7 Jazz - Aislyn	2:45-4:10	Grade 5 Ballet - Julia
1:30-2:25	Junior 5 Hip Hop - Isabella	2:00-2:55	Junior 4 Ballet - Caitlin							1:45-2:40	Pre Teen Jazz - Aislyn		