



604.541.9498 info@essenceofdance.ca

Studios A, B, F & G located @ #4 15578 - 24 Avenue

Studios C, D & E located @ #4, 5 & 10 - 2320 King George Blvd

# DRESS CODE

## Hair Requirements

**\*\*All students must wear hair in a secured ponytail, braid or bun, with bangs pulled back off of the face. Ballet students must wear hair in a tightly secured bun placed at the crown of the head, held with an elastic, bobby pins and a hair net\*\***

## Dress Code – Girls:

### **Ballet (Including Cecchetti & Vaganova Ballet Exam Classes)**

Beginner Ballet to Junior 2 students: pink bodysuit, pink skirt, dance tights in ballerina pink, pink leather full-soled ballet slippers with elastics

Junior 3 to Grade 2 students: black bodysuit, dance tights in ballerina pink, pink leather full-soled ballet slippers with elastics (*Cecchetti classes require canvas slippers*)

Grade 3 and up students: Black or solid colored bodysuit, dance tights in ballerina pink, pink leather or canvas split-soled ballet slippers with elastics (*Cecchetti classes require canvas slippers*)

### **Acro Classes**

Black or solid colored bodysuit, black or solid colored shorts or leggings, bare feet

**\*Proper attire is MANDATORY in all Acro classes for the safety of students and instructors**

### **Modern, Contemporary, Lyrical, Musical Theatre Classes**

Black bodysuit or fitted tank, black yoga pants, leggings or shorts, beige foot undeez

**\*Jazz shoes may be required for recital**

### **Jazz & Spins n' Leaps Classes**

Black bodysuit or fitted tank, black yoga pants, leggings or shorts, black leather split-soled shoes

### **AIDT Jazz Tech Exam Classes**

Black bodysuit, pink, tan or black tights/leggings, black shorts, beige foot undeez

### **Hip Hop Classes**

Baggy pants and loose fitted top, black non-marking **indoor** runners

### **Tap Classes**

Black bodysuit or fitted tank, black yoga pants, leggings or shorts, black leather lace up tap shoes

## Dress Code – Boys:

**All Classes** – Black or white fitted t-shirt or tank top with black shorts, for shoes see listings above

**WATCHES AND JEWELRY ARE NOT PERMITTED, ABSOLUTLEY NO FOOD OR GUM IN THE STUDIO**

### Dance Supply Stores

Limbers Dance Discount  
The Dance Box

#150 5620 152<sup>nd</sup> Street, Surrey  
#114 20226 Fraser Hwy, Langley

604.575.8725  
604.530.7615